



Mental Health & Wellbeing Academy (MHWA) Health and Safety Policy Statement 2025

Introduction

MHWA is provider of remotely supported training, courses, and educational assessment services. MHWA is committed to pursuing excellence in everything it does, and this includes the management of health and safety.

General Principles

MHWA is committed to achieving high standards of health, safety, and environmental practice. The Director & Founder of MHWA (Dr Matthew Parkyn) is ultimately responsible for health and safety.

MHWA expects staff, associates, and learners to co-operate and comply this health and safety policy statement and related procedures. We all have legal and moral obligations to ourselves and each other. MHWA intend to ensure the health and safety of all persons who may be affected by our activities by:

- Consulting with and involving our staff and learners in matters relating to their own health and safety.
- Providing adequate arrangements for the welfare of staff and learners.
- Providing, managing, and maintaining equipment so that it is, so far as reasonably practicable, safe and that risks to health are controlled.
- Identifying hazards and conducting formal risk assessments when appropriate (e.g. when delivering training or tutoring face-to-face at a client or third party premises)
- Ensuring that emergency procedures are in place, effective, properly used, monitored, and maintained.
- Implementing systems of work that are safe and where risks to health are controlled.
- Providing the information, instruction, and training as necessary to ensure that staff and learners are competent to undertake their activities and are aware of any related hazards and the measures to be taken to protect against them.
- Keeping up to date with best practice in relation to health and safety and complying with all relevant legislation and authoritative guidance.

MHWA will promote a positive health and safety culture. Wherever possible, information on health and safety legislation and standards applicable to a particular course will be included.

MHWA undertake to continually review and develop our safety management systems, with the overarching aim of conducting our activities in a manner which does not affect the health and safety of any staff, learners, contractors, or visitors, or adversely affect the environment.

Approved by	Date	Next review due
Dr Matt Parkyn - Director/Head of Centre	12 March 2025	12 March 2026
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